



RUN FOR THE RANCH

1 mile • Half Marathon • Marathon • Marathon Relay • 6-Hour Endurance
Saturday, December 19, 2020
Springfield, Missouri

▶▶▶NO DOGS ALLOWED ON COURSE!◀◀◀

Date & Time: Saturday, December 19, 2020 (rain, snow, or shine)

Event Start Time: 1 Mile starts at 9:15am, all other events will begin at 10:00AM.
Timing for all events ends at 4:00PM. There is NO early start for the marathon.

Fees:

Now through 10/31	11/1 through 11/30	12/1 through 12/27	Race Day
1 mile \$15	1 mile \$15	1 mile \$15	1 mile \$20
Half \$55	Half \$60	Half \$65	Half \$75
Full \$75	Full \$80	Full \$85	Full \$95
4 Person Relay \$160	4 Person Relay \$165	4 Person Relay \$175	4 Person Relay \$185
6 Hour Endurance \$85	6 Hour Endurance \$90	6 Hour Endurance \$95	6 Hour Endurance \$105

Pre-Registration: [Online](#) or by mail to Act Now Promotions, PO Box 460, Nixa, MO 65714

Packet Pickup/Race Day Registration: Packet Pickup will be held Friday, December 18th from 3 to 7pm at Fleet Feet Sports (1254 E. Republic Rd. Springfield MO 65804).
Race day registration & packet pickup will be held from 8am to 9:30am at the start/finish line.

Age Restrictions: To run the marathon or 6-hour event you must be 18 or over on race day. To run half marathon, you must be 13 or over on race day.

Race Location: Starts and finishes at Parking Lot #24 (Kings and Grand), Missouri State University Campus, Springfield, MO (1/4 mile SW of intersection of National & Grand).

Parking: Ample free university parking can be found immediately SW of National and Grand for the race.

Course: Flat & very fast! This course is a certified 3.275 mi loop so that the marathon is exactly 8 loops and the half marathon is exactly 4 loops. Very clear directional arrows will be posted along the course. **USATF Certified Course, Boston Qualifier Course, and NYC Qualifier Course!**

Aid Stations: Water, electrolytes, gels, and toilets every 1.5 miles

Shirts: Each participant gets a gender specific long sleeve technical shirt.

Awards: Finishers medal for all participants.

Awards to first overall, male and female and Masters (40+), 1-mile, half marathon & marathon events.

Awards to top three in ten-year age groups in 1-mile, half marathon & marathon events.

Awards to top three male relay team, top three female relay team, and top three coed relay team.

Awards to top 3 males and top 3 females in 6-hour endurance event.

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RUN FOR THE RANCH

First Name _____ Last Name _____

Street address _____ City/State/Zip _____

Phone _____ Email _____

Age on 12/28/2019 _____ Date of birth ____/____/____ Gender __ M __ F

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Gender Specific Shirt __ Mens __ Ladies YS YM YL S M L XL XXL
(mark which style) (circle one)

Event **One** **Half** **Full** **Marathon** **6 Hour**
(Circle One): **Mile** **Marathon** **Marathon** **Relay** **Endurance**

Relay Team Name: _____ (REQUIRED to process relay registration)

*Note: Each relay team member needs to fill out a form and sign a waiver. *Relay forms should be turned in at the same time with ONE payment.*

Payment by _____ cash or check# _____

Make checks payable to OMRR. Online Registration: actnowracing.com

Mail paper forms to PO Box 460, Nixa, MO 65714

WAIVER: I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Ozark Mountain Ridge Runners, ActNow, the City of Springfield, Missouri State University, Good Samaritan Boys Ranch, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in this event and personally assume this risk.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Signature _____

Date _____

(Parent/Guardian MUST sign if entrant is under 18 yrs. of age)

REFUND/CANCELLATION POLICY:

NO REFUNDS OF ENTRY FEES WILL BE ISSUED.

Should the race be canceled due to inclement weather of the course closed due to hazards; entry fees will immediately be applied to the following year's race.

ENTRY FEES WILL NOT BE REFUNDED.